

Uitslag overzicht

50m bad

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|---------------------|------|------------------|------|-----------------|----------------|---------|-------------------------|
| Gerbranda Beijaard | 90 : | 100m rugslag | 4 | 1:13.91 | <i>1:14.84</i> | 103% | PR. |
| | | 200m rugslag | 6 | 2:42.20 | <i>2:39.92</i> | 97% | |
| Maayke de Boer | 95 : | 100m vrije slag | 14 | 1:12.97 | -- | | PR. |
| | | 200m vrije slag | 10 | 2:38.43 | -- | | PR. |
| | | 400m vrije slag | 6 | 5:26.67 | -- | | PR. |
| | | 100m rugslag | 5 | 1:18.65 | -- | | PR. |
| | | 100m rugslag | Est. | 1:21.37 | -- | | PR. |
| | | 200m rugslag | 8 | 2:54.37 | -- | | PR. |
| | | 100m schoolslag | 15 | 1:36.28 | -- | | PR. |
| | | 200m schoolslag | 12 | 3:27.13 | -- | | PR. |
| | | 200m wisselslag | 10 | 2:55.39 | -- | | PR. |
| | | 400m wisselslag | 3 | 6:13.06 | -- | | PR. |
| MARIKE de Boer | 97 : | 200m rugslag | 9 | 3:19.16 | -- | | PR. |
| | | 100m schoolslag | 7 | 1:38.15 | -- | | PR. |
| | | 200m schoolslag | 9 | 3:29.69 | -- | | PR. |
| | | 200m wisselslag | 11 | 3:17.35 | -- | | PR. |
| Patricia van Dolder | 91 : | 100m vrije slag | 4 | 1:08.45 | <i>1:07.39</i> | 97% | |
| Robin de Joode | 96 : | 100m vrije slag | 1 | 1:06.60 | <i>1:09.14</i> | 108% | PR. |
| | | 200m vrije slag | 1 | 2:24.90 | <i>2:35.00</i> | 114% | PR. |
| | | 400m vrije slag | 1 | 5:09.53 | -- | | PR. |
| | | 1500m vrije slag | 1 | 21:22.97 | -- | | PR. |
| | | 100m rugslag | 1 | 1:15.95 | <i>1:23.59</i> | 121% | PR. |
| | | 200m rugslag | 1 | 2:43.91 | -- | | PR. |
| | | 100m schoolslag | 1 | 1:31.50 | -- | | PR. |
| | | 200m schoolslag | 1 | 3:15.62 | -- | | PR. |
| | | 100m vlinderslag | 1 | 1:17.57 | -- | | PR. |
| | | 200m wisselslag | 1 | 2:45.88 | <i>2:53.84</i> | 110% | PR. |
| Femke Koopmans | 95 : | 100m rugslag | 15 | 1:23.05 | -- | | PR. |
| Marissa Lindemulder | 93 : | 200m vrije slag | 11 | 2:29.99 | <i>2:35.90</i> | 108% | PR. |
| | | 200m rugslag | 10 | 2:52.75 | -- | | PR. |
| | | 200m wisselslag | 11 | 2:54.06 | <i>2:59.98</i> | 107% | PR. |
| Annemiek Meulenbeld | 95 : | 100m vrije slag | 7 | 1:09.36 | -- | | PR. |
| | | 200m vrije slag | 7 | 2:33.00 | -- | | PR. |
| Thomas Veltman | 92 : | 100m schoolslag | 2 | 1:17.67 | <i>1:15.55</i> | 95% | |
| | | 100m vlinderslag | 3 | 1:05.57 | <i>1:04.94</i> | 98% | |
| Cynthia Verkaik | 96 : | 100m vrije slag | 1 | 1:05.34 | <i>1:08.75</i> | 111% | PR. |
| | | 100m vrije slag | Est. | 1:06.88 | <i>1:08.75</i> | 106% | PR. |
| | | 200m vrije slag | 2 | 2:22.27 | <i>2:36.04</i> | 120% | PR. |
| | | 400m vrije slag | 2 | 5:04.89 | <i>5:29.09</i> | 117% | cr12,cr18,cr13,cr14,cr1 |
| | | 100m rugslag | 2 | 1:17.47 | <i>1:25.31</i> | 121% | PR. |
| | | 200m rugslag | 2 | 2:47.14 | <i>3:01.29</i> | 118% | PR. |
| | | 100m schoolslag | 4 | 1:30.57 | <i>1:30.97</i> | 101% | PR. |
| | | 200m schoolslag | 2 | 3:08.00 | <i>3:28.05</i> | 122% | PR. |
| | | 100m vlinderslag | 2 | 1:15.77 | <i>1:23.26</i> | 121% | PR. |
| | | 200m vlinderslag | 1 | 2:45.62 | <i>3:17.15</i> | 142% | PR. |
| | | 200m wisselslag | 1 | 2:40.60 | <i>2:47.16</i> | 108% | PR. |
| | | Henk-Jan Verkaik | 93 : | 100m vrije slag | 5 | 1:00.18 | <i>1:05.29</i> |
| 200m vrije slag | 4 | | | 2:14.05 | <i>2:33.95</i> | 132% | PR. |
| 100m rugslag | 5 | | | 1:09.63 | <i>1:15.55</i> | 118% | PR. |
| 200m rugslag | 4 | | | 2:39.41 | -- | | PR. |
| 100m schoolslag | 2 | | | 1:17.06 | <i>1:20.81</i> | 110% | PR. |
| 200m schoolslag | 2 | | | 2:54.43 | <i>3:04.76</i> | 112% | PR. |
| 200m wisselslag | 3 | | | 2:27.54 | <i>2:42.20</i> | 121% | PR. |

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| Sander Verkaik | 94 : | 200m schoolslag | 5 | 3:06.21 | 3:33.03 | 131% | PR. |
| | | 200m wisselslag | 5 | 2:47.35 | --:-- | | PR. |
| Rixt Wilbers | 95 : | 100m vrije slag | 3 | 1:07.06 | 1:10.74 | 111% | PR. |
| | | 200m vrije slag | 5 | 2:29.57 | 2:35.75 | 108% | PR. |
| | | 200m vrije slag | Est. | 2:27.46 | 2:35.75 | 112% | PR. |
| | | 100m schoolslag | 11 | 1:30.77 | 1:34.75 | 109% | PR. |
| | | 200m schoolslag | 8 | 3:16.52 | 3:17.87 | 101% | PR. |
| | | 100m vlinderslag | 3 | 1:19.34 | 1:25.83 | 117% | PR. |
| | | 200m vlinderslag | | 3:00.81 | --:-- | dis. | |
| | | 200m wisselslag | 7 | 2:51.14 | 2:57.48 | 108% | PR. |
| Marianne van der Zee | 93 : | 200m vrije slag | 18 | 2:35.89 | --:-- | | PR. |
| | | 200m rugslag | 9 | 2:52.64 | 3:00.82 | 110% | PR. |
| | | 100m vlinderslag | 9 | 1:23.22 | --:-- | | PR. |
| | | 200m wisselslag | 13 | 2:54.81 | 3:11.11 | 120% | PR. |
| 4 x 100m vrije slag Dames : | Cynthia Verkaik | 96 | Maayke de Boer | 95 | 6 | 4:33.45 | |
| | Annemiek Meulenbeld | 95 | Rixt Wilbers | 95 | | | |
| 4 x 200m vrije slag Dames : | Rixt Wilbers | 95 | Cynthia Verkaik | 96 | 6 | 10:04.96 | cr18,cr15,cr16 |
| | Maayke de Boer | 95 | Annemiek Meulenbeld | 95 | | | |
| 4 x 100m wisselslag Dames: | Maayke de Boer | 95 | Cynthia Verkaik | 96 | 10 | 5:20.66 | |
| | Rixt Wilbers | 95 | Annemiek Meulenbeld | 95 | | | |

Totaal 67 persoonlijke uitslag, Gemiddelde prestatie: 107,2%
 2 nieuw(e) record(s), 62 nieuw(e) persoonlijke record(s)
 Grootste verbetering: Cynthia Verkaik, 200m vlinderslag 2:45.62